



***Are YOU running your life or  
is your LIFE running you???***

***Sounds like YOU NEED an  
Urban Mini Retreat***

Discover the steps to successfully:

- Empower your Life
- Enrich your Knowledge
- Energise your Body,  
Mind & Soul

*Leave With:*

- *Easy Step by Step Guides*
- *Easy healthy recipes*
- *Gift-bag worth over \$350*
- *Continued support*

***Sculpt Your Future TODAY!!!***

***Stress Less & Enjoy LIFE!!!***

Smarter Health, More Energy &  
Better Living

***16th & 17th May 2015***

**Grab a limited early bird special**

**at \$647ea (only x6 avail)**

**then \$747ea**

*Healthy snacks & lunch included*

**Call NOW....**

**Kristy—0411 378 997**

**Dee—0432 142 661**

***Limited places!!!!***

Get Inspired....  
**"LIKE"**  
**"3 Wishes Retreat"**  
on Facebook



Tap into the wisdom of leading  
NT Practitioners to Empower,  
Enrich & Energise YOUR Life!!!

*"With amazing food, yoga &  
breakthrough sessions you will  
experience a reconnection with  
what's important to you."*

Leave with insights into your-  
self & how to implement every-  
day rituals to keep you on your  
path.

*"Great weekend away to relax,  
learn something new, learn  
about juices, nutrition & things  
I'd never thought about before."*



***Kristy Hollis, a leading  
Naturopath, who helps  
you discover natural  
ways to create ever-  
lasting health.***



***Dee Waterson, a  
Transformational Life  
Coach who assists  
you to live a life of  
pure potential.***